



October 2015

“We are never more than one grateful thought away from peace of heart.”

— Br. David Steindl-Rast

Pathways Construction Update

The expansion of the Retreat House officially began on September 3.

Almost a month later, the basement is framed, the exterior walls of the main floor are in place and tomorrow (October 7) it will be under roof!

See the progress in pictures on the next page. More photos are on the website as well.

Pathways Financial Update

As anyone who has expanded an existing structure can tell you, there are many unknowns as a project begins. What will the excavator find as it digs? What might be discovered about the wiring, the plumbing, the foundation of the 95 year-old structure?

Fortunately, the collapse of the old foundation wall on September 14 only delayed the project by one day and didn't add any additional expense to Pathways. We are so grateful the workers who were right by the wall when it fell were not injured!

To date, we have received \$140,657 from 109 individual and church donors for this project which also includes sidewalks, landscaping, and city-required improvements to the parking lot that will happen in the Spring. An anonymous donor will match the next \$4,400 that comes in to expand Pathway's ministry of rest, reflection and renewal with God.

Pathways Programming Update

Pathways is working on upcoming programming to begin in the New Year. What's coming will be shared as it is available.

Mystic of the Month

David Steindl-Rast: Benedictine monk, master teacher of the practice of gratitude, and pioneer in Christian-Buddhist dialogue.

“Gratitude can change our world in immensely important ways, because if you're grateful, you're not fearful, and if you're not fearful, you're not violent.

If you're grateful,
you act out of a sense of enough
and not of a sense of scarcity,
and you are willing to share.
If you are grateful, you are enjoying
the differences between people,
and you are respectful to everybody,
and that changes this power pyramid
under which we live.”

Pause, breathe, and ponder:
Three things I am grateful for...
Three things I am grateful for and rarely give thanks...

Pathways Prayers

Contemplative Sit: Tues. 7:30 – 8:00
Centering Prayer: Thur. 7:30 – 8:00
Morning prayers continue during construction.

With mornings becoming darker, cooler and without electricity in the Retreat House, prayer happens by candlelight with blankets and slippers! Come and partake of stillness beyond circumstance and condition.

Construction Update in Photos
We give you thanks, O God. We give you thanks. Psalm 75:1



Good-bye to the former kitchen.....



The basement is dug...



Basement walls arrive and are set in place...



Pouring the basement floor...



Basement framed...main floor begins...



Monday morning, October 5...

Pathways Retreat is a spiritual retreat center in the city limits of Goshen, Indiana, offering rest, reflection and renewal with God.

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