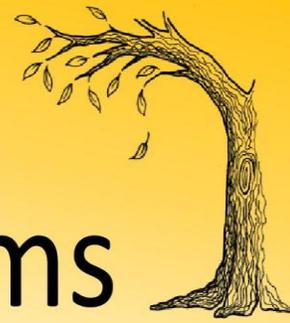


Pathways Retreat

Rhythms



April 2015



Mysterious as it may be,
there is something wonderful
at the heart of our existence,
and it is about nothing other than love;
love for God, love for one another,
love for creation, love for life itself.

~Gerald G. May

Stations of the Cross and Resurrection

A Pathways Retreat Tradition

Trails have been raked and prepared and are ready for the Holy Week journey—a journey to the cross and beyond. Come down to dusk, **April 1-4**, to follow the footsteps of Jesus on his way to the cross. The traditional 14 Stations of the Cross, handcrafted mosaics designed by local artist and teacher, John Nafziger are placed on trees throughout the wooded path.

Then on Easter Sunday, **April 5 through the 50 days of Easter**, seven Stations of the Resurrection marking the risen Christ's appearances from dawn of the first Easter through the ascension are placed on the trees throughout the wooded path. These stations are ceramic tiles made from watercolor paintings by local artist and spiritual director, Sylvie Gudin.

Both Stations of the Cross and Stations of the Resurrection are accompanied by scripture and reflections for meditation. These walks through the woods appeal to all ages—children, youth, and adults! If you or someone you bring is in need of assistance to make the walk, a golf cart is available: simply call or text staff at 574-333-1822 in advance for its use. While there is no cost for this Holy Week journey, donations are gratefully accepted. See pathwaysretreat.org for photos and directions.



Preparation of the woods for the Holy Week Journey!
Thank you to all who lovingly offered hands, help and service!

Introducing Sally Weaver Glick Pathways Associate



I am a Mennonite writer and spiritual director drawn to contemplation and community. While I've been aware of Pathways Retreat for years as a lovely location for a retreat or a walk in the woods, I became more closely connected while taking the foundational training in Gestalt Pastoral Care with Linda Lehman

Thomas in 2012. I found this training to be a good expansion on the spiritual direction training I received earlier from Anabaptist Mennonite Biblical Seminary, where I received my Masters of Divinity degree in 2000.

In offering spiritual guidance to groups and individuals, I feel called to create and hold a safe, hospitable space where people are able slow down and become more aware of the holy within and all around them. Within that space, we examine together events from their everyday life through conversation and contemplation, and discern where the wind/breath of the Holy Spirit is blowing through their lives, inviting them to healing and transformation.

In addition to regular group direction options, I offer some with a special focus: Inklings, for example, is group direction using the lens of reflective writing, and Windwatchers is a spiritual discovery group that combines gestalt awareness practices and Christian prayer forms. You can read more about these on my website, swglick.com. You can also find my photography blog there, *Sparks of Light*. One way I contribute at Pathways is through my photography and my writing.

I am married to John Glick, a systems analyst and [Interplayer](#), and we have two adult children.

After many years of membership at Assembly Mennonite Church, we are currently involved with a congregational "sprout," Open Table Mennonite Fellowship, where I am serving in a part-time pastoral role as congregational doula, helping us discern who we are and what we're becoming.

Awaiting the Resurrection Power of Spring

Last fall 200 daffodil bulbs were planted in the walls of the labyrinth near the retreat house. These were purchased with funds received in memory of Boudewyn Westerbeek and planted by Kay and Benjamin Bontrager-Singer. We invite you this spring to come, walk the labyrinth and be blessed by spring's beauty.

Mystic of the Month

Gerald G. May

"There is a desire within each of us, in the deep center of ourselves that we call our heart.

We were born with it, it is never completely satisfied, and it never dies.

We are often unaware of it, but it is always awake.

It is the Human desire for Love.

Every person in this Earth yearns to love, to be loved, to know love.

Our true identity, our reason for being is to be found in this desire.

Love is the "why" of life, why we are functioning at all.

I am convinced it is the fundamental energy of the human spirit.

the fuel on which we run, the wellspring of our vitality.

And grace, which is the flowing, creative activity, of love itself, is what makes all goodness possible.

Love should come first, it should be the beginning of, and the reason for everything."

— Gerald G. May, *Living in Love*

What is a mystic?

Someone who watches and is attentive to the sacred in all of life.



Pathways Retreat is a spiritual retreat center in the city limits of Goshen, Indiana, offering rest, reflection and renewal with God.

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