

# Pathways Retreat

September 2016

*Every time you listen with great attentiveness  
to the voice that calls you the beloved,  
you will discover within yourself  
a desire to hear that voice longer and more deeply.*

Henri Nouwen

## Going Deeper

Pathway Retreat's theme this year is Going Deeper...into life...into love...into God. As a way to help us go deeper, each month we offer a monthly focus. September's focus is *Listening*.

Sherry Anderson, associate of Pathways, recently shared that she is using the monthly themes as a way to guide her daily contemplative practice. We invite you, too, to join Pathways on this journey.

For example:

- Spend time outside in nature listening to birds, crickets, the wind. Listen simply to hear, rather than for a message.
- Intentionally choose to refrain from speaking. At home, at work, in a meeting—experiment with talking less and listening more.
- Join one of the opportunities to listen at Pathways – see highlights on page 2 or visit [www.pathwaysretreat.org](http://www.pathwaysretreat.org) for a full list of our 2016-2017 retreats, workshops and spiritual formation groups.

- Julie Stegelmann, co-director

## Outdoor Work Opportunity

Saturday, September 10  
8:00am – 12:00pm

We will be planting "no mow" grass in the East lawn, the final task to complete our Outdoor Hospitality Project.

Volunteers are welcome.  
Please email [Evan Miller](mailto:Evan.Miller@pathwaysretreat.org) if you can help.



*Listen and Silent  
are spelled with the same letters.*

## Upcoming Events: Opportunities to Listen to Our Lives

### Monthly [Iona Healing Prayer Service](#): September 12, 7:00pm

This service of prayers for healing, which takes place every second Monday, September—May at Pathways, is the same service that happens every Tuesday evening at Iona Abbey (Scotland). In this service, we name particular people, places, and situations for which prayers have been specifically asked. There is also opportunity for those who wish to receive or share in the ministry of the laying-on of hands for oneself or for another person or situation. Requests for prayer may be given to any Pathways co-director or written down and placed on the prayer tree in the Gratitude Room throughout the month. No registration or cost.

### [Spiritual Directors Day Away](#): September 12, 9am-2pm

Pathways offers a Day Away for spiritual directors of all denominations each second Monday of the month. The day begins with a brief opening worship followed by several hours of Sabbath space. The afternoon provides time for conversation and connecting with other directors. Establish a regular rhythm of monthly retreats or come as your schedule allows. No registration required; bring your own lunch. For more information, contact [Sally Weaver Glick](#).

### [Wisdom Jesus](#) Weekly Group: Monday Evenings 7-8:30pm

September 19, 26; October 3, 17, 24, 31; November 7, 21, 28; December 5.

This is a group of common practice in the spirit of [The Wisdom Jesus](#) by Cynthia Bourgeault. Each gathering will include centering prayer, chant and other prayer practices. We will reflect and pray together about renewing the Christian tradition within a multi-faith world. A rule of life can be shared by each participant with the goal of mutual support in living Christian Wisdom in daily life. Leadership is by Nina Lanctot who has attended two Wisdom Schools with Cynthia Bourgeault. To register please email [Nina Lanctot](#). Cost is a donation of your choosing to Pathways Retreat.

### [Pathways Prayers](#)

(no cost or registration)

Contemplative Sit: Tuesdays 7:30- 8:00 a.m.

Centering Prayer: Thursdays 7:30- 8:00 a.m.

Lectio Divina: Fridays 8:00-8:30a.m.

### [Listening Space for Groups](#)

In August, four new community groups used Pathways newly renovated retreat house for listening, retreat, and planning. Contact us for group rental details.



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*Listening is much more than allowing another to talk while waiting for a chance to respond. Listening is paying full attention to others and welcoming them into our very beings. The beauty of listening is that those who are listened to start feeling accepted, start taking our words more seriously and discovering their true selves.*

Henri Nouwen

Pathways Retreat is a contemplative spiritual retreat center in the city limits of Goshen, Indiana, offering rest, reflection and renewal with God.

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[www.pathwaysretreat.org](http://www.pathwaysretreat.org)

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