

Pathways Retreat

September 2017

*I reach out my hand to God
that God may carry me along as a feather is borne weightlessly by the wind...*

Hildegard of Bingen

Mystic of the Month

**Hildegard of Bingen
1098-1179**

Feast Day: September 17

Hildegard of Bingen was one of the most gifted spiritual teachers of all time. This multitalented and prolific abbess of a Benedictine abbey was an influential preacher, healer, scientist, composer, theologian, artist, and poet. She coined the term *viriditas*, or greening power, connecting it closely with creativity.



Rhythm of Prayer Resumes at Pathways

Contemplative Sit

Tuesday, September 5 and following Tuesdays
7:30-8:00am

Centering Prayer

Thursday, September 7 and following Thursdays
7:30-8:00am

Lectio Divina (Meditative Reading of Scripture)

Friday, September 8 and following Fridays
8:00-8:30am

Monthly Iona Healing Prayers

Thursday, September 14
7:00pm

Save the Date

Creation Care Morning

An opportunity to work with nature at Pathways.
Saturday, November 11
9:00am-12:00pm

*Glance at the sun.
See the moon and the stars.
Gaze at the beauty of earth's greenings.
Now, think.
What delight God gives to humankind
with all these things.
All nature is at the disposal of
humankind.
We are to work with it.
For without we cannot survive.*

Hildegard of Bingen

Listening Together Group

Facilitated by Nina Lanctot

Mondays, September 11, 18, 25

7:00 - 8:30pm

This will be an experiment in silence in community. All are welcome. Regular attendance helps. Instruction will be offered in all the silent practices. Primary resource: "Welcoming Prayer: Consent on the Go" from Contemplative Outreach. Facilitated by Nina Lanctot. Cost: Support of Pathways Retreat by donation. [Click here for more information or to register online.](#)

Visio Divina

Fridays, September 15 & 29 and October 13 & 20

9:00 - 11:00am

A series of four retreats offering an innovative practice of small group spiritual direction based on art work done by participants or on pictures of paintings. No training in art is necessary to participate; the goal is not production, but rather understanding and discernment. Facilitated by Sylvie Gudin Cost: \$120 for all 4 sessions. [Click here for more information or to register online.](#)



St. Francis Animal Blessing

October 8, 3:00pm

Each October, near the Feast Day of St. Francis, Oct. 4, you are invited to bring your pets to Pathways for an annual blessing and walk through the woods. St. Francis of Assisi had the marvelous talent of seeing the entire world – every living thing – as a beautiful gift from God. He called the sun, the moon, and all the creatures of the earth his brothers and sisters. In honor of his feast day, we bless our beloved and faithful friends.

Pathways Retreat is a contemplative spiritual retreat center in the city limits of Goshen, Indiana, offering rest, reflection and renewal with God.

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www.pathwaysretreat.org

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