



Pathways Monthly Prayer Readings

November 2024

Tuesday, November 5
Contemplative Sit

All the readings this month are from the Psalms – we will pray with the ancient peoples. Quotes this month will be from C.S. Lewis' Reflections on the Psalms

This first one, with awareness of All-saints day, is a reflection on eternity and humanity...

The Eternal may meet us in what is, by our present measurements, a day, or (more likely) a minute or a second; but we have touched what is not in any way proportionately measurable with lengths of time, whether long or short...

For we are so little reconciled to time that we are even astonished at it. 'How he's grown!' we exclaim, 'How time flies!' as though the universal form of our experience were again and again a novelty. It is as strange as if a fish were repeatedly surprised at the very wetness of water. And that would be strange indeed: unless of course the fish were destined to become, one day, a land animal.

C.S. Lewis, Reflections on the Psalms

Wednesday, November 6
Lectio Divina

Psalm 146:1-6

Alleluia! Praise God, O my soul!

I will praise God as long as I live;

I will sing praises to my God while I have my being.

Put not your trust in rulers, nor in any child of earth,
for there is no help in them.

When they breathe their last, they return to earth,
and in that day their thoughts perish.

Happy are they who have the God of Jacob for their help,
whose hope is in their God;

Who made heaven and earth, the seas, and all that is in them;
whose promise abides forever;

Who gives justice to those who are oppressed
and food to those who hunger. (The Saint Helena Psalter)

Thursday, November 7
Centering Prayer

Psalm 146:3-5

Put not your trust in rulers, nor in any child of earth,
for there is no help in them.

When they breathe their last, they return to earth,

	<p>and in that day their thoughts perish. Happy are they who have the God of Jacob for their help, whose hope is in their God; Who made heaven and earth, the seas, and all that is in them, whose promise abides forever. (The Saint Helena Psalter)</p>
<p>Tuesday, November 12 Contemplative Sit</p>	<p><i>When we carry out our "religious duties" we are like people digging channels in a waterless land, in order that when at last water comes, it may find them ready.</i> C.S. Lewis, <u>Reflections on the Psalms</u></p>
<p>Wednesday, November 13 Lectio Divina</p>	<p>Psalm 16:1, 6-7, 11 Protect me, O God, for I take refuge in you; I have said to the Holy One, "You are my God, my good above all other" ... My boundaries enclose a pleasant land; Indeed, I have a goodly heritage I will bless you, O God who gives me counsel; my heart teaches me, night after night... You will show me the path of life; in your presence there is fullness of joy, and in your right hand are pleasures forever more. (The Saint Helena Psalter)</p>
<p>Thursday, November 14 Centering Prayer</p>	<p><u>Psalm 16:5-6, 9</u> O God, you are my portion and my cup, it is you who uphold my lot. My boundaries enclose a pleasant land; indeed, I have a goodly heritage... My heart, therefore, is glad and my spirit rejoices, My body also shall rest in hope. (The Saint Helena Psalter)</p>
<p>Tuesday, November 19 Contemplative Sit</p>	<p><i>The tuning up of an orchestra can be itself delightful, but only to those who can in some measure, however little, anticipate the symphony.</i> C.S. Lewis, <u>Reflections on the Psalms</u></p>
<p>Wednesday, November 20 Lectio Divina</p>	<p>Psalm 93:1, 4-5 God is Sovereign, clothed in splendid apparel; God is robed in majesty and is girded with strength...</p>

	<p>The waters have lifted up, O God, the waters have lifted up their voice, the waters have lifted up their pounding waves. Mightier than the sound of many waters, mightier than the breakers of the sea, mightier is the Holy One who dwells on high. (The Saint Helena Psalter)</p>
<p>Thursday, November 21 Centering Prayer</p>	<p><u>Psalm 93:1-3</u> God is Sovereign, clothed in splendid apparel; God is robed in majesty and is girded with strength. God has made the whole world so sure that it cannot be moved; Ever since the world began, your throne has been established; you are from everlasting. (The Saint Helena Psalter)</p>

“One has to be very careful lest the desire to patronise and the itch to be a busybody should disguise itself as a vocation to help the "fallen", or tend to obscure our knowledge that we are fallen - perhaps in God's eyes far more so - ourselves.”

— C.S. Lewis, [Reflections on the Psalms](#)

“[These are] the rewards of reading the Old Testament regularly. You keep on discovering more and more what a tissue of quotations from it the New Testament is; how constantly Our Lord repeated, reinforced, continued, refined, and sublimated, the Judaic ethics, how very seldom He introduced a novelty.”

— C.S. Lewis, [Reflections on the Psalms](#)

“What we see when we think we are looking into the depths of Scripture may sometimes be only the reflections of our own silly faces.” (142)”

— C.S. Lewis, [Reflections on the Psalms](#)

“The work of forgiveness has to be done over and over again.”

— C.S. Lewis, [Reflections on the Psalms](#)

“But of course these conjectures as to why God does what He does are probably of no more value than my dog's ideas of what I am up to when I sit and read.”

— C.S. Lewis, [Reflections on the Psalms](#)