



Pathways Monthly Prayer Readings

March 2025

	<p>The Contemplative Sit quotes this month relate to the season of Lent</p>
<p>Tuesday, March 4 Contemplative Sit</p>	<p><i>Ash Wednesday is full of joy... The source of all sorrow is the illusion of ourselves that we are anything but dust.</i> Thomas Merton</p>
<p>Wednesday, March 5 Lectio Divina</p>	<p>Deuteronomy 26:1-2a, 10b-11 Once you have entered the land the Lord your God is giving you as an inheritance...take some of the early produce of the fertile ground that you have harvested from the land...and put it in a basket...Set the produce before the Lord your God, bowing down before the Lord your God. Then celebrate all the good things the Lord your God has done for you and your family—each one of you along with the Levites and the immigrants who are among you. (CEB)</p>
<p>Thursday, March 6 Centering Prayer</p>	<p>Psalm 91:1-2 They who dwell in the shelter of the Most High abide under the shadow of the Almighty. They shall say to God, “You are my refuge and my stronghold, my God in whom I put my trust. (St. Helena Psalter)</p>
<p>Tuesday, March 11 Contemplative Sit</p>	<p><i>Temper all your works with moderation, that is to say, all your abstinence, your fasting, your vigils, and your prayers, for temperance sustains your body and soul with the proper measure, lest they fail. It reminds an honorable person that he is ashes and shall return to ashes. St. Hildegard of Bingen</i></p>
<p>Wednesday, March 12 Lectio</p>	<p>Genesis 15:1-2a, 5-6 The LORD’S word came to Abram in a vision, “Don’t be afraid, Abram. I am your protector. Your reward will be very great.” But Abram said, “Lord God, what can you possibly give me, since I still have no children?...Then the LORD brought Abram outside and said, “Look up at the sky and count the stars if you think you can count them. This is how many children you will have.” Abram trusted the LORD, and the LORD recognized Abram’s high moral character. (CEB)</p>

<p>Thursday, March 13 Centering Prayer</p>	<p>Psalm 27:1, 11 God is my light and my salvation; whom then shall I fear? God is the strength of my life; of whom then shall I be afraid? You speak in my heart and say, "Seek my face." Your face, O God, will I seek. (St. Helena Psalter)</p>
<p>Tuesday, March 18 Contemplative Sit</p>	<p><i>God never tires of forgiving us; we are the ones who tire of seeking God's mercy.</i> Pope Francis</p>
<p>Wednesday, March 19 Lectio</p>	<p>Isaiah 55:8-9 My plans aren't your plans, nor are your ways my ways, says the LORD. Just as the heavens are higher than the earth, so are my ways higher than your ways, and my plans than your plans. (CEB)</p>
<p>Thursday, March 20 Centering Prayer</p>	<p>Psalm 63:1, 7-8 O God, you are my God; eagerly I seek you; My soul thirsts for you, my flesh faints for you, As in a barren and dry land where there is no water. For you have been my helper, And under the shadow of your wings I will rejoice. My soul clings to you; Your right hand holds me fast. (St. Helena Psalter)</p>
<p>Tuesday, March 25 Contemplative Sit</p>	<p><i>Lent is a time for discipline, for confession, for honesty, not because God is mean or fault-finding or finger-pointing but because he wants us to know the joy of being cleaned out, ready for all the good things he now has in store.</i> N.T. Wright</p>
<p>Wednesday, March 26 Lectio</p>	<p>Psalm 32:8-9 I will instruct you and teach you about the direction you should go. I'll advise you and keep my eye on you. Don't be like some senseless horse or mule, whose movement must be controlled with a bit and a bridle. Don't be anything like that! (CEB)</p>

Thursday, March 27
Centering Prayer

Psalm 32:8, 12

You are my hiding place;
you preserve me from trouble;
you surround me with shouts of deliverance.
Be glad, you righteous, and rejoice in God;
shout for joy, all who are true of heart. (St. Helena Psalter)

"Lent stimulates us to let the Word of God penetrate our life and in this way to know the fundamental truth: Who we are, where we come from, where we must go, what path we must take in life." Pope Benedict XVI

"In the face of so many wounds that hurt us and could lead to a hardness of heart, we are called to dive into the sea of prayer, which is the sea of the boundless love of God, in order to experience his tenderness." Pope Francis