



Pathways Monthly Prayer Readings May 2025

	<p>Desmond Tutu (1931-2021) was a South African Anglican bishop and theologian, known for his work as an anti-apartheid and human rights activist.</p>
<p>Thursday, May 1 Centering Prayer</p>	<p>You have turned my wailing into dancing; You have put off my sack-cloth and clothed me with joy. Therefore, my heart sings to you without ceasing; O God, my God, I will give you thanks forever. Psalm 30:12-13 (St. Helena Psalter)</p>
<p>Tuesday, May 6 Contemplative Sit</p>	<p><i>We are made for goodness. We are made for love. We are made for friendliness. We are made for togetherness. We are made for all of the beautiful things that you and I know. We are made to tell the world that there are no outsiders. All are welcome: black, white, red, yellow, rich, poor, educated, not educated, male, female, gay, straight, all, all, all. We all belong to this family, this human family, God's family.</i></p> <p style="text-align: right;">Archbishop Desmond Tutu</p>
<p>Wednesday, May 7 Lectio Divina</p>	<p>After this I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, "Salvation belongs to our God who is seated on the throne and to the Lamb!"</p> <p style="text-align: right;">Revelation 7:9-10 (NRSV)</p>
<p>Thursday, May 8 Centering Prayer</p>	<p>O God, you are my shepherd; I shall not be in want. You make me lie down in green pastures And lead me beside still waters. You revive my soul. Psalm 23:1-3a (St. Helena Psalter)</p>

<p>Tuesday, May 13 Contemplative Sit</p>	<p><i>In the end what matters is not how good we are but how good God is. Not how much we love Him but how much He loves us. And God loves us whoever we are, whatever we've done or failed to do, whatever we believe or can't.</i> Archbishop Desmond Tutu</p>
<p>Wednesday, May 14 Lectio Divina</p>	<p>And the one who was seated on the throne said, "See, I am making all things new." Also he said, "Write this, for these words are trustworthy and true." Then he said to me, "It is done! I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water as a gift from the spring of the water of life." Revelation 21:5-6 (NRSV)</p>
<p>Thursday, May 15 Centering Prayer</p>	<p>Alleluia! Praise God from the heavens... Let us praise your Name, O God, for your Name only is exalted, your splendor is over earth and heaven. Psalm 148:1a, 13 (St. Helena Psalter)</p>
<p>Tuesday, May 20 Contemplative Sit</p>	<p><i>If we have loved well while we were alive, there is life after death here – our love will go on for generations.</i> Desmond Tutu</p>
<p>Wednesday, May 21 Lectio Divina</p>	<p>Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb through the middle of the street of the city. On either side of the river is the tree of life with its twelve kinds of fruit, producing its fruit each month, and the leaves of the tree are for the healing of the nations. Revelation 22:1-2 (NRSV)</p>
<p>Thursday, May 22 Centering Prayer</p>	<p>Be merciful to us, O God, and bless us, Show us the light of your countenance and come to us. Let your ways be known upon earth, Your saving health among all nations. Let the peoples praise you, O God; Let all the peoples praise you. Psalm 67:1-3</p>
<p>Tuesday, May 27 Contemplative Sit</p>	<p><i>Too frequently we think we have to do spectacular things. Yet if we remember that the sea is actually made up of drops of water and each drop counts, each one of us can do our little bit where we are. Those little bits can come together and almost overwhelm the world. Each one of us can be an oasis of peace.</i> Desmond Tutu</p>

<p>Wednesday, May 28 Lectio Divina</p>	<p>"It is I, Jesus, who sent my angel to you with this testimony for the churches. I am the root and the descendant of David, the bright morning star." The Spirit and the bride say, "Come." And let everyone who hears say, "Come." And let everyone who is thirsty come. Let anyone who wishes take the water of life as a gift. Revelation 22:16-17 (NRSV)</p>
<p>Thursday, May 29 Centering Prayer Ascension</p>	<p>The common lectionary psalm for today, Ascension Day, is Psalm 47</p> <p>Clap your hands, all you peoples; shout to God with a cry of joy. For God is Sovereign over all the earth; sing praises with all your skill. God reigns over the nations, God sits upon the holy throne. Psalm 47:1, 7-8</p>