



Pathways Monthly Prayer Readings

December 2021

Tuesday, Month of December
Contemplative Sit Practice

Our contemplative practice for December is a blessing in honor of the goodness of our bodies, inspired by Jan Richardson. In this season of welcoming incarnation, let us pray together this blessing.

Holy hands,
Holy face,
Holy feet,
Home for God in this world.

<https://www.youtube.com/watch?v=nlwihRT4SX4>

Wed. Nov. 24, 2021 Visio Divina



Luke 21:25-33

“Signs will appear in the sun, the moon, and the stars.

On the earth, nations will be in anguish, distraught at the roaring of the sea and waves.

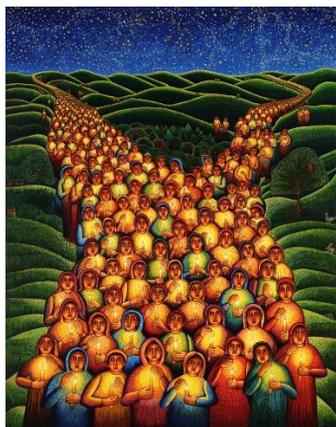
People will die of fright in anticipation of what is coming upon the earth.

The powers in the heavens will be shaken.

After that, people will see the Chosen One coming on a cloud with great power and glory.

When these things begin to happen, stand up straight and raise your heads, because your redemption is near at hand.” -Inclusive Bible

Wed. Dec. 1, 2021 Visio Divina



Luke 3:2-6

In those days, during the high priesthood of Annas and Caiaphas, the Word of God came to John, son of Zechariah, in the desert.

John went through the entire region of the Jordan proclaiming a baptism of repentance for the forgiveness of sins, as it is written in the book of Isaiah, the prophet:

"A herald's voice in the desert, crying,

'Make ready the way of our God;

clear a straight path.

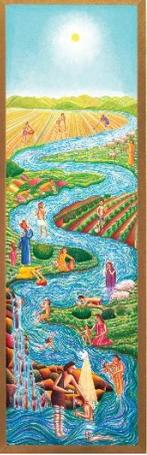
Every valley will be filled,

and every mountain and hill will be leveled.

The twisted paths will be made straight,

and the rough road smooth-

and all humankind will see the salvation of God.” -Inclusive Bible

<p>Thur. Dec. 2, 2021 Centering Prayer</p>	<p>Luke 1:68-70 Blessed are you, the Most High God of Israel- For you have visited and redeemed your people. You have raised up a mighty savior for us of the house of David as you promised through the mouths of your holy ones, the prophets of ancient times. -Inclusive Bible</p>
<p>Wed. Dec. 8, 2021 Lectio Divina</p> 	<p>Luke 3: 15-16 As the people were filled with expectation, and all were questioning in their hearts concerning John, whether he might be the Messiah, John answered all of them by saying, "I baptize you with water; but one who is more powerful than I is coming; I am not worthy to untie the thong of his sandals. He will baptize you with the Holy Spirit and fire.</p>
<p>Thur. Dec. 9, 2021 Centering Prayer</p>	<p>Isaiah 12:2-6 You are my deliverer, O God! I trust you and am no longer afraid- You are my strength and my refuge. You are my deliverer. With joy you will draw water from the wells of salvation. And on that Day you will say: Give thanks to YHWH, invoke God's Holy Name! Make known among all the people what YHWH has done. Proclaim that God's Name is exalted. Let this be known throughout the world. Cry out, shout aloud for the Holy One of Israel dwells among us in majesty! -Inclusive Bible</p>

Wed. Dec. 15, 2021 Lectio



Janet McKenzie

Luke 1:39-45

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." -Inclusive Bible

<http://www.joanchittister.org/word-from-joan/tend-and-befriend>
<https://www.janetmckenzie.com/>

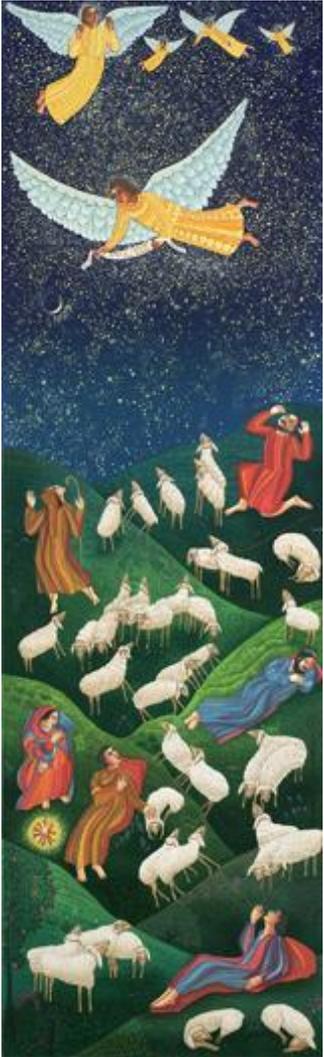
Thur. Dec. 16, 2021



Luke 1:46-55

Mary said,
"My soul proclaims your greatness, O God,
and my spirit rejoices in you, my Savior,
For you have looked with favor upon your lowly servant
And from this day forward
all generations will call me blessed.
For you, the Almighty, have done great things for me, and holy is your Name.
Your mercy reaches from age to age
for those who fear you.
You have shown strength with your arm;
You have scattered the proud in their conceit;
You have deposed the mighty from their thrones
And raised the lowly to high places.
You have filled the hungry with good things,
While you have sent the rich away empty.
You have come to the aid of Israel your servant,
Mindful of your mercy-
the promise you made to our ancestors,
to Sarah and Abraham
and their descendants forever."

Dec. 24-25, 2021 Christmas



Isaiah 9:2,6-7

The people who walked in darkness have seen a great light; those who lived in a land of deep darkness on them light has shined...

For a child has been born for us, a son given to us; authority rests upon his shoulders; and he is named Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. His authority shall grow continually, and there shall be endless peace for the throne of David and his kingdom. He will establish and uphold it with justice and with righteousness from this time onward and forevermore. The zeal of the LORD of hosts will do this.

Luke 2:1-14, (15-20)

In those days a decree went out from Emperor Augustus that all the world should be registered. This was the first registration and was taken while Quirinius was governor of Syria.

All went to their own towns to be registered.

Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David.

He went to be registered with Mary, to whom he was engaged and who was expecting a child. While they were there, the time came for her to deliver her child.

And she gave birth to her firstborn son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn.

In that region there were shepherds living in the fields, keeping watch over their flock by night. Then an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were terrified.

But the angel said to them, "Do not be afraid; for see--I am bringing you good news of great joy for all the people:

to you is born this day in the city of David a Savior, who is the Messiah, the Lord.

This will be a sign for you: you will find a child wrapped in bands of cloth and lying in a manger."

And suddenly there was with the angel a multitude of the heavenly host, praising God and saying,

"Glory to God in the highest heaven, and on earth peace among those whom he favors!"

When the angels had left them and gone into heaven, the shepherds said to one another, "Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us."

So they went with haste and found Mary and Joseph, and the child lying in the manger.

When they saw this, they made known what had been told them about this child; and all who heard it were amazed at what the shepherds told them.

But Mary treasured all these words and pondered them in her heart.

The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them.