

## Spiritual Care Training Dates

This 72-hour training may be taught in a variety of formats. Rather than set dates in advance, we will gather those interested and then determine the format and dates that work for everyone. The timeframe will be October 2018 – June 2019.

Cost: Approximately \$900. This may vary depending on format.

This pilot training is for those who provide professional spiritual care: clergy, chaplains, spiritual directors, rostered leaders, theological students.

Group size: 8-12



To reserve your space or for more information, contact:

Linda Lehman Thomas  
(574) 333-1822  
lindalehmanthomas@gmail.com

or visit the Pathways website.

Registration deadline: August 20

Your \$100 deposit can be made through the website and is refundable until August 20.

## Pathways Retreat

309 1/2 Hackett Road  
Goshen, IN 46528

[www.pathwaysretreat.org](http://www.pathwaysretreat.org)

# Spiritual Care Training



Equipping spiritual caregivers  
with tools to provide care

# Spiritual Care Training



*Facilitators: Donna and Linda*

## **Spiritual Care Training: Presence and Prayer**

In this 72-hour training, participants will gain a theological and psychological understanding of providing care that enables them to be *present* with others: to walk alongside, companion, and hold space for the other. Equally important, participants will practice rich and varied ways to *pray*, personally and with those with whom they meet.

## **Spiritual care vs pastoral care?**

Through the years, pastoral care has come to mean the care that pastors provide. This training uses the term “spiritual care” to broaden the view of who provides care and name the primary intent of tending another’s connection with God.

## **Teaching Plan**

Each of the sessions will include theological, scriptural and psychological perspectives and ample experiential learning in a contemplative retreat setting. An online learning platform will be utilized for easy access to resources.

## **Content areas**

Who God is...Who we are  
Christian path of transformation  
What and how of prayer  
Growth perspective  
Body awareness  
Our many selves  
Resistance  
Meaning-making

## **Relationship to Gestalt Pastoral Care (GPC)**

This training is, in essence, a GPC perspective of care that many have found personally healing and invaluable in ministry. A second year may be available to fulfill requirements for the GPC foundational training.

## **Vision**

The healing perspective of GPC becomes more accessible and encourages congregations to create new ways for spiritual care to happen, empowering lay caregivers and lessening the burden on pastors.

**Linda Lehman Thomas** has received the spiritual care, presence and prayer of others in ways that have transformed her life. With gratitude, she now teaches that which she has experienced and has most needed to learn. She is a graduate of AMBS, an ordained minister, a teacher/trainer of Gestalt Pastoral Care, and co-director of Pathways Retreat.

**Donna Mast** graduated from Eastern Mennonite Seminary with degrees in Christian Spiritual Formation and Pastoral Care & Counseling. A spiritual director and ordained minister, she brings over twenty years of pastoral care experience and six years of conference ministry experience which includes caring for pastors and congregations. Because she has experienced the healing power of prayerful spiritual care and presence in her own life, her desire is to train others in the art of providing spiritual care.